

# ARE YOU/OR DO YOU CARE FOR SOMEONE AGED 11 TO 25 YEARS WITH A DUDLEY GP?

*FEELING LONELY, ISOLATED, BORED, OR LACKING A SENSE OF  
PURPOSE?*

*INTERESTED IN VOLUNTEERING, OR WOULD YOU/THEY LIKE TO LEARN  
MORE ABOUT THE HEALTH AND WELLBEING BENEFITS THAT  
VOLUNTEERING CAN BRING TO LIFE AND OTHERS LIVES WITHIN YOUR  
COMMUNITY?*

*COME AND MEET WITH A DEDICATED YOUNG PERSON'S SOCIAL  
PRESCRIBER AT HERE4YOUTH WHO CAN WALK YOU THROUGH THE  
BENEFITS OF VOLUNTEERING, LINK YOU IN WITH OPPORTUNITIES AND  
PROVIDE ACCESS TO OTHER WELLBEING BOOSTING ACTIVITIES.*

**28  
MAY**  
**12-4pm**

**Cranstoun  
Here4YOUTH**

1 Castle Street, Dudley, DY1 1LA

[https://cranstoun.org/help-and-  
advice/young-  
people/here4youth-dudley/](https://cranstoun.org/help-and-advice/young-people/here4youth-dudley/)

SCAN ME



**NO NEED TO BOOK JUST DROP IN!**

**CRANSTOUN**  
Here4YOUTH