

Website: www.mossgrovesurgery.co.uk

Moss Grove Surgery

Practice Information Booklet

Version 8

Reviewed: June 2026



Updated June 2026

Next Review due: Sept 2026 (update as required)

Practice Manager: Mrs Deena Woodhall

A Teaching General Practice of the University of Birmingham

The Doctors and Staff would like to welcome you to Moss Grove Surgery. The Doctors are A Sobainsky, J Patel, N Aggarwal, B Rashid and A Gul, whom form the partnership called "Moss Grove Surgery". The Partnership is not a limited partnership.

Named Accountable GP

You may be aware that from April 2015 all Practices are required to provide all their patients with a Named GP. Dr A Sobainsky will have overall responsibility for the care and support that our Surgery provides to our patients.

We would encourage our Patients to see the same Doctor, where possible, to maintain patient care. For further information please visit our website www.mossgrovesurgery.co.uk or pick up a leaflet from Reception

Surgery Contact Details

Telephone: 01384 277377

Out of Hours: 111

Website: www.mossgrovesurgery.co.uk

Surgery Address

Moss Grove Surgery Kingswinford 15 Moss Grove Kingswinford DY6 9HS	Moss Grove Surgery Kinver High Street Kinver DY7 6HL
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One Line Services - Have You Signed Up?

Visit our website at www.mossgrovesurgery.co.uk to download our on line services sign up form (or collect one from our Reception Desk) which will need to be completed and brought in to the practice by the person requesting access to online services, along with a form of Photo ID.

After this, one of our staff will be able to generate a **unique** set of registration codes to be used.

I have received my letter, what do I do now?

The next step is to register for online services.

Should you encounter any issues with this, please either:

- Call the surgery on: 01384 277 377
- Come in to the surgery

and a member of our staff will be able to assist you.

Patient Confidentiality

This practice is registered under the Data Protection Act. At this practice, we believe it is of utmost importance to keep any information regarding our patients confidential. Only with written consent from the patient will there be any disclosure of personal information regarding that patient. All the staff are aware of this statement and will keep all information private and confidential.

GP GDPR - Data Protection Privacy Notice for Patients

This privacy notice lets you know what happens to any personal data that you give to us, or any that we may collect from or about you. This privacy notice applies to personal information processed by or on behalf of the practice.

Please be kind to our staff

We have excellent staff who work extremely hard on behalf of the Practice to deliver a quality service to you as patients. Although we may not always get things right, or be able to meet your needs, please be assured we all try to do our best and often are only working to directives given by management or Doctors.

Please remember our staff are always doing their best but at times can be working under extreme pressure, with sickness, holidays etc. Please do not take out your frustrations on our staff, but please speak to one of our management team.

Zero Tolerance Policy

We aim to treat all of our patients courteously irrespective of race, colour, creed or sexual orientation, and we expect patients to behave towards our staff in a similarly respectful manner.

Anyone Attending the Practice who abuses GP's, staff or other patients in a threatening, abusive or violent manner, or who acts in a discriminatory manner will risk immediate removal from our Patient List.

Surgery Facilities:

Patient Parking Facilities: There facilities are provided for patients attending the Surgery only and vehicles must not be left on our car park at any other time or for any other reason. All cars parked on our car park are left at owners own risk the surgery will not take any responsibility for loss or damage to vehicles or property whilst you are attending Surgery premises.

Disabled Parking Spaces: Two parking spaces are allocated for Disabled persons. The bays are marked accordingly.

Wheelchair Access: The Surgery is accessible for the disabled with wide doorways for wheelchairs and a disabled WC.

Mothers & Babies: Baby changing facilities are located within our Disabled toilet. If you require a bottle to be warmed, please ask at Reception.

Baby Box: Come out in a hurry? not got a nappy or wipes? our Patient Participation Group have provided the Practice with a baby box containing nappies of varied sizes, baby wipes etc. Please ask at Reception

Breastfeeding [Private Room available on request]: Should you require a private room to breastfeed your baby please ask at Reception.

Accessible Information Standards

Do you have a disability, impairment or sensory loss & need to receive information in a way you can easily understand?

We offer information in an accessible format for all of our patients that request it using the Accessible Information Standards Request Form, which is available in our registration packs or upon request at the reception desk.

Our Mission Statement

'We will be accessible and approachable at all times, providing great service, we will continuously challenge ourselves to improve the way we work, we will listen to the needs of our patients and respond to these to the best of our ability, we will provide a safe, clean, welcoming environment for our patients and we will be kind to ourselves and all in our team.

Patient Participation Group

The PPG was relaunched in 2024 to support the work of both Kingswinford and Kinver Surgeries. The representatives are patients and the carers of patients, from both Moss Grove Surgeries. The NHS GP Contract requires that practices have a PPG (April 2016).

The aims and purpose of the Moss Grove PPG are:

1. To establish an active and sustainable Group that enhances and improves the patient experience by communication excellence between all patients, their carers and Moss Grove Surgeries.
2. In partnership with Moss Grove Surgeries to promote and improve the patients' understanding of health education matters and assist Moss Grove Surgeries to achieve its own aims, objectives, and mission statement.

The methods of achieving these aims include:

1. Regular meetings with GP's and Surgery Staff to exchange information and ideas in order to maintain and improve the patient experience, supporting health awareness and patient education.
2. Offering patients a way to actively participate and provide input on the healthcare services they receive by involvement in patient feedback and surveys, and contributing to action plans based on the findings.
3. Acting as an independent 'critical friend' to the Practice

Want to know more?

Information about PPGs can be found at:

<https://www.patients-association.org.uk/>

Urgent Care Practitioner

Katherine Greenhouse [Female]
Anna Lisowska [Female]

Specialist Nurse Practitioner

Clare Pace [Female] RGN, Dip & BSc Specialist Practice

Healthcare Assistants

Mrs Edwina Mahmoudi [Female] NVQ Level 3
Gemma Houghton [Female]

Practice Management

Mrs Deena Woodhall—Practice Manager
Mrs Kerry Mills—Assistant Practice Manager
Mrs Michelle Stock—Reception Manager Kingswinford
Miss Chloe Francis—Reception Manager Kinver

Secretaries

Mrs Sally Davies
Mrs Jill Parton
Miss Gaby Mills

District Nurses

Our District Nursing Team are now based at Brierley Hill Health and Social Care Centre and can be contacted by telephoning 01384 321506.

Practice Staff

Doctors

Dr Alexander Sobainsky [Male] - *SEM MRCP(UK) MRCGP DRC-OG DFFP PGAMedEd MDCH*

Dr Jayesh Patel [Male] - *MBChB, Tutor for 1st Year Medical Students*

Dr Navesh Aggarwal [Male] - *MBChB, Tutor for 2nd Year Medical Students*

Dr Babar Rashid [Male] - *Mbchb MRCGP*

Dr Altaf Gul [Male] *VRACH MRCGP*

Dr Mohammad Laghari [Male]

Dr Kirsty Shires [Female] - *MBChB, DRCOG, MRCGP*

Dr Hemalatha Mohan [Female] - *MBBS*

Dr Joanna Clare [Female] *MRCGP, MBBS, BSc, DCH, Dip Gum*

Dr Preya Rai [Female]

GP Registrars

This surgery has been providing GP Registrar training since 1973 and has always been committed to ensuring high standards of training are maintained throughout that time.

Clinical Nurse Specialist in Diabetes and Hypertension

Inderjit Kaur [Female] RN, Dip, MSc and Non Medical Prescriber

Liz Hale [Female] RN

Nurses

Sister Alison Whitehouse [Female] *RGN, Dip*

Sister Debbie Nicholls [Female] *RGN, Dip*

Sister Abbie Lewis [Female] *BScHons, Adult Nursing, GradCert Fundamentals of Primary Care Nursing*

Sister Nina Robinson [Female] *BSc(Hons) Adult Nursing*

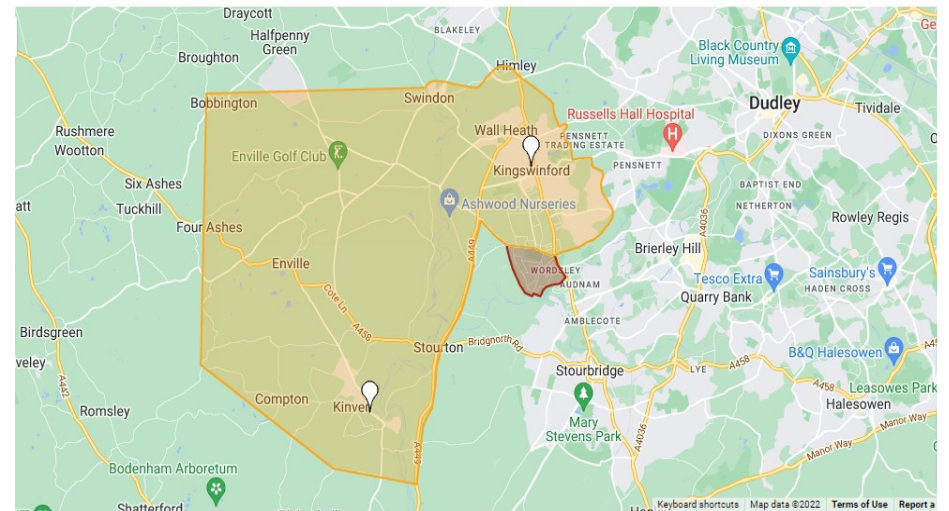
Sister Jane Salmon [Female]

All of our patients are free to see any Doctor of their choice upon request.

Practice Boundaries

Please see below for our practice boundary, or contact the surgery to confirm if you are inside our catchment area.

A higher quality version of this map is also available on our practice website, or in surgery.



New Patient Registration

Full Registration

If you wish to register as a patient at this Surgery, you will need to complete a simple registration pack which is available from the surgery to enable the registration process .

To register with the surgery, please follow the following steps:

1. Check you are within our Surgery Boundary area.
2. Complete all forms in our registration pack.
3. Bring in the completed registration pack, along with 1 form of Photo ID if you wish to also have access to online services.

If you encounter any issues or have any queries, please contact the surgery at your earliest convenience.

Where a registered patient, who is between the years of 16 and 75 years and has not attended a consultation within 3 years, requests a consultation, we shall without prejudice provide such a consultation (as stated in clause 34 & 35 of the GMS contract). Where a registered patient who has attained 75 years and has not had a consultation within the last twelve months requests a consultation, we shall without prejudice provide such a consultation in the course of which shall make such enquiries and undertake such examinations as appear appropriate in the circumstances (as stated in clause 36 of the GMS contract).

Text Message Reminders

We currently use Text Message reminders in order to issue appointment reminders to our patients, this is an automated service that does not require monitoring by our staff.

The fees charged are based on the British Medical Association [BMA] suggested scales and our reception staff will be happy to advise you about them along with appointment availability.

Test Results

We are only able to give results to the patient directly [unless we have recorded consent from the patient to give the information to another named individual]. Results will be available after 10am, and it is the patients responsibility to call the Surgery to find out the result of any tests. Although certain results are sent electronically to us, please allow at least 7 working days for x-ray results and 48 hours for blood test results to be received by the practice. Test results can also be requested via our surgery website.

Clinics & Services

Antenatal Clinic

This clinic is run by our Midwife and is held on Thursday (all day). The patient no longer sees the Doctor at any stage until they have their post natal.

Other Clinics:

- Asthma / Chronic Obstructive Pulmonary Disease [COPD] Clinic
- Blood Pressure Clinic
- Childhood Immunisation Clinic
- Diabetes [Education & Annual Review Clinics]
- ECG [Following a referral from your GP]
- Heart Disease [CVD] Clinic
- Hypertension Clinic
- Minor Surgery Clinic [Following a referral from your GP]
- Smear Clinic
- Travel Clinic

Non-NHS Services

Some services provided are not covered under our contract with the NHS and therefore attract charges. Examples include the following:

- Medicals for pre-employment, sports and driving requirements [HGV, PSV etc].
- Insurance claim forms.
- Prescriptions for taking medication abroad.
- Private sick notes.
- Vaccination certificates.

Suggestions / Complaints

Any suggestions can be anonymously put in to our suggestions box at our front desk, or recorded on NHS Choices.

Copy of our complaints procedure is available from our Reception on request.

By post to: BCICB, Civic Centre, St Peters Square, Wolverhampton, WV1 1SH

By email to: bcicb.time2talk@nhs.net If you are making a complaint please state: 'For the attention of the complaints team' in the subject line

Website: Have your say at NHS Black Country ICB..

By telephone: 0300 0120 281

Access to Medical Records

All Medical records are managed confidentially within the practice, and full details of this are available upon request or on our Practice website.

Requests for access to medical records can be done on our website or in surgery to be viewed via the NHS app.

Surgery Opening Times

Monday	08:00 - 18:30
Tuesday	08:00 - 18:30 Extended Hours: 18.30-20.30
Wednesday	08:00 - 18:30
Thursday	08:00 - 18:30
Friday	08:00 - 18:30
Weekend	Closed

Extended Hours

Tuesdays 18:30 - 20:30. These late night surgeries are primarily for workers who find it difficult to attend day time appointments. Appointments are pre-bookable only. Please note if you require a chaperone to be present this service may not be available during extended hours surgeries and we would advise you to book within normal working hours.

Nurse availability

Our Nurses run a pre-booked appointment service between the following times:

Day	Nurse Times
Monday	08:00 - 18:30
Tuesday	09:00 - 20:30
Wednesday	08:30-18:30
Thursday	08:00-18:30
Friday	08:00-18:30

Medication Reviews

Patients on repeat medication will be asked to see a Doctor, Nurse Practitioner or Practice Nurse at least once a year to review these regular medications and notification should appear on your repeat slip.

Please ensure that you book an appropriate appointment to avoid unnecessary delays for further prescriptions.

Prescriptions Charges and Exemptions

Extensive exemption and remission arrangements protect those likely to have difficulty in paying charges [NHS prescription and Dental charges, Optical and Hospital travel costs].

The NHS prescription charge is a flat-rate amount which successive Governments have thought it reasonable to charge for those who can afford to pay for their medicines. Prescription prepayment certificates [PPCs] offer real savings for people who need extensive medication.

- Prescription [per item]: £9.90
- 12-month prepayment certificate [PPC]: £114.50
- 3-month PPC: £32:05

If you will have to pay for four or more prescription items in three months, or more than 15 items in 12 months, you may find it cheaper to buy a PPC.

This can be done either through your pharmacy, or online by searching for 'NHS Prescription Prepayment Certificates'.

Medical Students

We are an approved training surgery under the aegis of the University of Birmingham. We train medical students throughout their five years' training. When booking an appointment, you may be asked if students are able to sit-in on the consultation. We hope you will give your agreement to this and help us provide their necessary training to become qualified GPs in the future. Thank you for your support.

Repeat Prescriptions

If you are taking regular medication, a further supply of medication can be obtained on request, subject to your Doctor's approval.

Please allow at least 3 working days for this to be processed and let us know which pharmacy you wish to collect the medicines from.

- **Order Your Prescription Online:**
- **Post through our letterbox:** Once you have ticked the items you require on the tear off slip from your previous prescription - post this through our external letter box. You may prefer to do this out of our working hours when the car park is far less busy - late evenings - Saturdays and Sundays - all good times to drop it in.
- **Are You Housebound?** Why not sign up to a pharmacy of your choice who can re-order your prescriptions on your behalf - Please contact your preferred Pharmacy who will organise this on your behalf.

Nurse and GP availability - Mondays: Clinical Meetings

Please note that once a month on a Monday or Thursday all Doctors and Nurses attend a clinical educational meeting between 8am and 9:15am within the Practice to allow them to keep up to date with changes to clinical care GP Surgeries.

When We Are Closed [Out of Hours]

Moss Grove Surgery has a system to allow patients to contact the NHS 111 service, out-of-hours. An answerphone message is attached to all our Emergency / Appointment lines which gives a number to ring the NHS 111 service.

Please avoid attendance at Accident & Emergency at Russells Hall unless absolutely necessary.

If you need general health information or advice whilst the surgery is closed - please call 111 [24 hours a day]. Website: www.nhs.uk/111.

Out of hours services are commissioned by Black Country Integrated Care Board (ICB), Civic Centre, St Peters Square Wolverhampton WV1 1SH.

Pharmacies can also provide advice, over the counter treatment and acute prescriptions for common minor illnesses.

Dudley Emergency Treatment Centre - Located at Russells Hall Hospital

To access this service please ring 111.

Out-of-hours services are busy so please think carefully before asking to see a Doctor and only do so if you genuinely cannot wait until the surgery re-opens. *In a genuine emergency you should call 999. Chest pains and / or shortness of breath constitute an emergency.*

Appointments With A GP

By appointment only - except in an emergency. All Children under 5 have a clinical assessment on the same day as requested

We will always do our best to provide you with the appointment of your choice. Please remember there is a huge demand for appointments and as a result we cannot always guarantee this. You will be offered the best alternative to meet your request.

If you are Unable to Attend

If you are unable to attend your appointment please let us know so we can use the appointment for another person. Last year 2858 patients failed to turn up for their appointments. The cost of this “lost time” is equivalent to Doctors hours / Practice Nurse hours / piece of equipment, which could improve the service we offer to you.

Emergencies

We make every effort to see patients with urgent problems during normal surgery hours. Emergency appointments are not for patients who cannot attend during normal surgery hours because of work or family commitments.

Please remember **“emergency”** patients are seen in addition to our normal appointments at the end of normal surgery.

Home Visits

“A patient is deemed to be housebound when they are unable to leave their home environment through a physical or psychological illness.

A patient is not considered housebound if he or she is able to leave their home with minimal assistance e.g. unassisted / assisted visit to the Doctor, Dentist, hairdresser, supermarket, social events”.

[However, the Practice reserves the right to change this policy, where the clinical condition of a patient is deemed to be more appropriately provided in the home].

Please call in the morning before 12pm to arrange a home visit for **housebound** patients.

Sickness Certificates

You do not require a Doctor's sickness certificate for any illness lasting seven days or less. Your employer may however require you to complete a self-certification form [SC2] which is available from your employer or on the HMRC website.

Evidence that you are sick

If you are sick for more than seven days, your employer can ask you to give them some form of medical evidence to support payment of SSP [statutory sick pay].

It is up to your employer to decide whether you are incapable of work. A medical certificate, now called a 'Statement of Fitness for Work' from your Doctor is strong evidence that you are sick and would normally be accepted, unless there is evidence to prove otherwise. You can request a sicknote or fitnote via our website without the need to see a GP.